

1.

Decide what you want

2.

Get Specific

This template is for one desire!

Specific  
Measurable  
Achievable  
Relevant  
Time bound

Write the actions on the road towards to your goal!

4.

Set Your Action-Based Goals

3.

What Will You Need To Do and What Might Get In Your Way

6.

Set Your Assessments and Schedule

5.

Create Your Goal-Achiever Identity