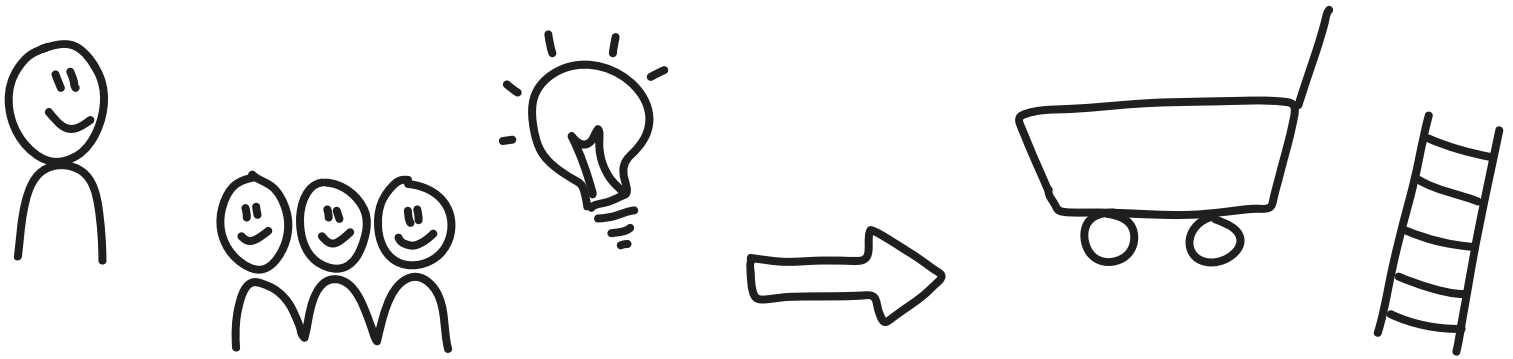


Pg. 68. Metaphors and symbols.

1. Use the elements below to create different metaphors. Which words or expressions do they denote?
A person, people, a ladder, an idea bulb, a cart, an arrow.



2. Here's my example of how to put different elements together.



3. I often use this method in my workshops, where I ask participants to draw different abstract words.

Let's also do this exercise with you.

Take a piece of paper and a pencil and draw the following words:

:

time

friendship

a break

courage

an adventure

a goal

4. It would be especially nice if you asked your loved ones or friends to draw these words as well. See how many different ideas you can create. Here's an example of courage. It can be drawn as a symbol or a metaphor.

